

## Foltanx™ Tablets

**Foltanx™** is a medical food for the dietary management of endothelial dysfunction.

### DESCRIPTION

Each round, coated purple colored tablet contains:

L-methylfolate Calcium (as Metafolin®)*	3 mg
Pyridoxal 5'-Phosphate	35 mg
Methylcobalamin	2 mg

\*CAS#151533-22-1

**Other Ingredients:** Dibasic Calcium Phosphate, Silicified Microcrystalline Celluloses, Opadry II Purple 40L10045 [color] (Hypropmellloses, Polydexrose, Titanium Dioxide [color], Triacetin, FD&C Blue No. 2, Aluminum Lake [color], FD&C Red No. 40 Aluminum Lake [color], PEG 8000), Opadry II Clear Y-19-7483 (Hypropmellloses, Maltodextrin, PEG 400), Magnesium Stearate (Vegetable Grade), and Carnauba Wax.

**Foltanx™** tablets do not contain sugar, lactose, yeast or gluten.

**Foltanx™** is labeled as a medical food for use under the active and ongoing medical supervision of a physician or health-care provider on a recurring basis for, among other things, instructions on their use.

Medical foods are intended for the dietary management of a patient who, because of therapeutic or chronic medical needs, has limited or impaired capacity to ingest, digest, absorb or metabolize ordinary foodstuffs or certain nutrients, or who has other special medically determined nutrient requirements, the dietary management of which cannot be achieved by the modification of the normal diet alone. This Medical Food is not subject to NDA or ANDA approval and is not an Orange Book product. Although FDA does not require a prescription for Medical Foods, this product is intended to be used under active medical supervision. This product is not eligible for government reimbursement under federal programs, but is eligible for reimbursement under state programs on a case-by-case basis. Please check with a specific state to determine proper reimbursement eligibility.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Metafolin® (L-methylfolate calcium)** is a substantially diastereoisomerically pure source of L-methylfolate containing not more than 1% D-methylfolate which results in not more than 0.03 milligrams of D-methylfolate in Foltanx™.

### INDICATIONS AND USAGE

**Foltanx™** tablets are indicated for the distinct nutritional requirements of patients with endothelial dysfunction.

**Foltanx™** tablets are indicated for the distinct nutritional requirements of patients with hyperhomocysteinemia.

### CONTRAINDICATIONS

There have been rare reports of hypersensitivity (allergic-like reactions) to **Foltanx™**. Therefore, a known hypersensitivity to any of the components in the product is a contraindication to its use for any indication.

### PRECAUTIONS

#### General:

Folic acid, when administered as a single agent in doses above 0.1 mg daily, may obscure the detection of B<sub>12</sub> deficiency. Folate therapy alone may be inadequate for the treatment of a B<sub>12</sub> deficiency.

**Patient Information:** **Foltanx™** is a medical food<sup>1</sup> to be used only under medical supervision of a physician or health-care provider.

### DRUG INTERACTIONS

**Foltanx™ added to other Drugs:** High dose folic acid may result in decreased serum levels for pyrimethamine and first-generation anticonvulsants (carbamazepine, fosphenytoin, phenytoin, phenobarbital, primidone, valproic acid, valproate).<sup>2,3</sup> This may possibly reduce first generation anticonvulsants effectiveness and/or increase the frequency of seizures in susceptible patients.<sup>2,3</sup> While the concurrent use of folic acid and first generation anticonvulsants or pyrimethamine may result in decreased efficacy of anticonvulsants, no such decreased effectiveness has been reported with the use of L-methylfolate. Nevertheless, caution should be used when prescribing **Foltanx™** among patients who are receiving treatment with first generation anticonvulsants or pyrimethamine. Pyridoxal 5'-phosphate should not be given to patients receiving the drug levodopa, because the action of levodopa is antagonized by pyridoxal 5'-phosphate. However, pyridoxal 5'-phosphate may be used concurrently in patients receiving a preparation containing both carbidopa and levodopa. Capecitabine (Xeloda®) toxicity may increase with the addition of leucovorin (5-formyltetrahydrofolate) (folate).

**Drugs added to Foltanx™:** Antibiotics may alter the intestinal microflora and may decrease the absorption of methylcobalamin. Cholestyramine, colesticides or colestipol may decrease the enterhepatic re-absorption of methylcobalamin. Metformin, para-aminosalicylic acid and potassium chloride may decrease the absorption of methylcobalamin. Nitrous oxide can produce a functional methylcobalamin deficiency. Several drugs are associated with lowering serum folate levels or reducing the amount of active folate available. First generation anticonvulsants

(carbamazepine, fosphenytoin, phenytoin, phenobarbital, primidone, valproic acid, valproate)<sup>2,3</sup> and lamotrigine<sup>4</sup> (a second-generation anticonvulsant) may decrease folate plasma levels. Information on other second-generation anticonvulsants impact on folate levels is limited and cannot be ruled out.

Divalproex sodium,<sup>5</sup> topiramate,<sup>6</sup> gabapentin,<sup>7</sup> pregabalin,<sup>8</sup> levetiracetam,<sup>9</sup> tiagabine,<sup>10</sup> zonisamide,<sup>11</sup> have not reported the potential to lower folate in their respective prescribing information. Methotrexate, alcohol (in excess), sulfasalazine, cholestyramine, colchicine, colestipol, L-dopa, methylprednisone, NSAIDs (high dose), pancreatic enzymes (pancrelipase, pancreatin), pentamidine, pyrimethamine, smoking, triamterene, and trimethoprim may decrease folate plasma levels. Warfarin can produce significant impairment in folate status after a 6-month therapy.

### ADVERSE REACTIONS

While allergic sensitization has been reported following both oral and parenteral administration of folic acid, allergic sensitization has not been reported with the use of Metafolin®. Paresthesia, somnolence, nausea and headaches have been reported with pyridoxal 5'-phosphate. Mild transient diarrhea, polycythemia vera, itching, transitory exanthema and the feeling of swelling of the entire body has been associated with methylcobalamin.

**Keep this and all medications out of the reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.**

### DOSAGE AND ADMINISTRATION

The recommended dose is one tablet twice daily (B.I.D.) or as directed. **Foltanx™** is recommended for use under the supervision of a physician or health-care provider.

### HOW SUPPLIED

**Foltanx™** is available as a round, coated purple-colored tablet. Debossed with "LMF" on one side and "3" on the other.

Bottles of 90 tablets Product Code 51991-813-90\*\* Use under supervision of a physician or health-care provider.

\*\* Breckenridge Pharmaceutical, Inc. does not represent this product code to be a National Drug Code (NDC) number. Product Codes are formatted according to standard industry practice, to meet the formatting requirements of pharmacy and health insurance computer systems.

### Storage:

Store at 25°C (77°F); excursions permitted to 15°-30°C (59°-86°F). See USP Controlled Room Temperature. Protect from heat, light and moisture.

### PATENTS

For information on applicable patents, please visit [www.bpirx.com](http://www.bpirx.com)

### REFERENCES

- <sup>1</sup>United States Food and Drug Administration Title 21 Code of federal Regulations 101.9(j)(8).
  - <sup>2</sup>PDR® For Nutritional Supplements, 2001; ISBN: 1-56363-364-7:157-167.
  - <sup>3</sup>Leucovorin Calcium (folic acid) For Injection Prescribing Information: December 2003; Mayne Pharma (USA) Inc.
  - <sup>4</sup>Lamictal® (lamotrigine) Prescribing Information: August 2005; GlaxoSmith-Kline.
  - <sup>5</sup>Depakote® (divalproex sodium) Prescribing Information: January 2006; Abbott Laboratories.
  - <sup>6</sup>Topamax® (topiramate) Prescribing Information: June 2005; ORTHO-McNEIL NEUROLOGICS, INC.
  - <sup>7</sup>Neurontin® (gabapentin) Prescribing Information: December 2005; Parke-Davis.
  - <sup>8</sup>Lyrica® (pregabalin) Prescribing Information: March 2006; Parke-Davis.
  - <sup>9</sup>Keppra® (levetiracetam) Prescribing Information: March 2007; UCB, Inc.
  - <sup>10</sup>Gabitril® (tiagabine) Prescribing Information: March 2005; Cephalon, Inc.
  - <sup>11</sup>Zonegran® (zonisamide) Prescribing Information: December 2004; Elan Pharma International Ltd.; licensed to Eisai Inc.
- Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.
- All the registered trademarks used herein are the property of their respective owners.
- To report a serious adverse event contact 1-800-367-3395**

### Distributed by:

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### Manufactured by:

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